

The Digital Health Center

Digital Patient Support

The purpose of digital technologies is to strengthen the motivation and usability for citizens. Further, it contributes to include and build bridges to the everyday life of citizens and their social network in a more direct way than the traditional patient education.

RESULTS

The goal of the project is to develop, test and expand digital health services in the field of patient education for citizens with diabetes 2 and cardiovascular disease. Digital Patient Education intended to make citizens achieve and maintain a good life despite of their chronic disease, as well as live a life with mental surplus. The first result is the e-learn books Live a life with diabetes.

Through an e-learning course, webinars and a Facebookgroup, citizens with diabetes 2 learn more about their chronic disease, and how to handle it. Three modules to take care of your body to take care of your psyche and to seek support go through the different aspects of living a life with diabetes 2 and focus on self-help.

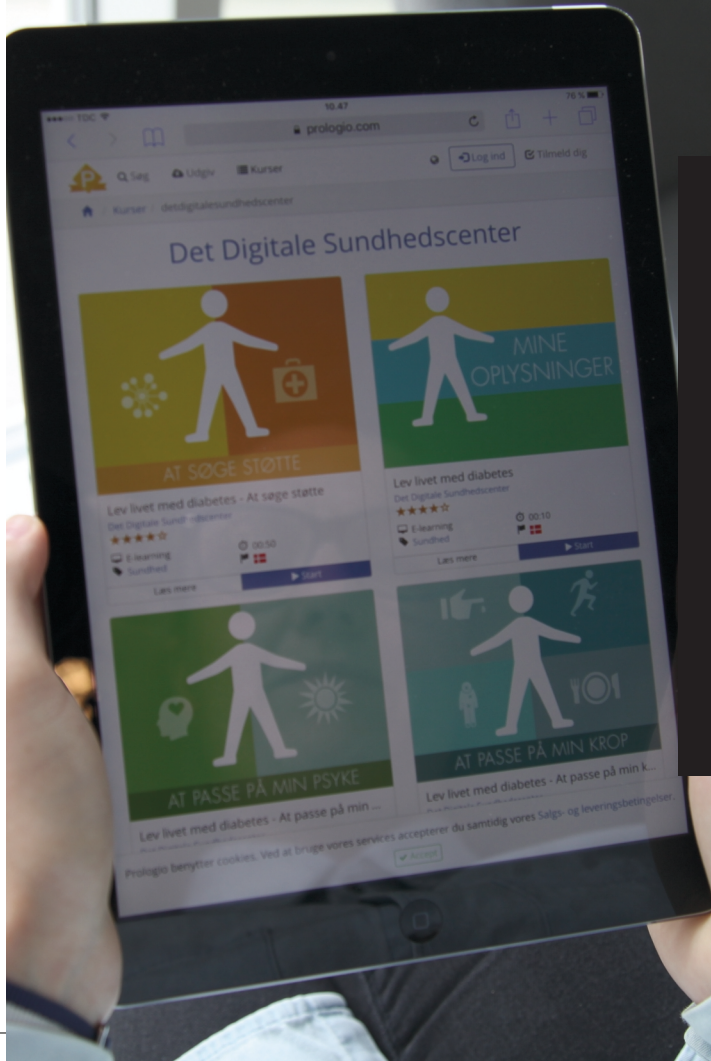
INVOLVED PARTNERS

The partnership committed in The Digital Health Center includes of The Region of Southern Denmark, the municipalities of Faaborg-Midtfyn, Kerteminde, Kolding, Svendborg og Varde along with Diabetes Association and the Danish Heart Association.

"By digitalising we can reach out to more citizens"

- Margit Vest Thomsen, Head of Center for health promotion, Varde municipality





THE DIGITAL HEALTH CENTER

Develop, test and
expand digital
health services

 HEALTH INNOVATION CENTRE
OF SOUTHERN DENMARK