


ANNEX NO. 2

Monthly newsletter examples for subscribers, sharing useful information in both EN and RU.



4/2022

someone who has almost visited the entire world?


[Read more](#)



Not to be missed


 Ukrainian days in Vilnius 13-15 May Three day cultural event to celebrate Ukraine. More information TBA.	 Motivated at Work 17 May A practical conference focused on how to create a motivating work environment and increase employee competencies and loyalty.
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BeFriend Vilnius free mentorship programme for Ukrainians



BeFriend

(Verb)



Mentorship programme to help you settle in Vilnius easily and befriend the locals


Mentorship programme for Ukrainians

We are happy to announce that our #BeFriend mentorship programme already has over 150 mentor and mentee pairs! Do you know anyone who recently moved to Vilnius from Ukraine? Help them hit the ground running by sharing this registration link to join the free mentorship programme.

Currently, this programme is only offered to Ukrainians and nationals of other countries who were forced to flee Ukraine because of the war, but we are looking to expand it so it's available to all.

[REGISTER HERE TO GET A MENTOR](#)


Visit us



International House Vilnius
Konstitucijos Ave. 3, 1st floor, Vilnius LT-09307
Lithuania


Business hours:

[View in browser](#)



April 2022
Vol 4.

Hello Привет Bonjour Labas



Spring has sprung at last, dear Vilniečiai. As our vibrant city bursts to life with plenty of sunshine, let us take you on a journey of local discoveries. There's a lot to look forward to and plenty of exciting news to share as spring blooms.

Did you know?


We want to hear from you
What is it like to live in Vilnius as a foreigner? Please fill in our survey so we can improve your experience and keep the good stuff going in our beloved Vilnius.



[Take Survey](#)

Did you know?


"I truly wish that International House Vilnius existed when I first arrived to Lithuania," says Chris, who moved to Vilnius in 2020. He recently visited our offices and made an insightful video explaining how to use our services that help newcomers in Vilnius with their relocation process.



[Watch the full video here](#)

Question of the month: Who is eligible for social security benefits?

Let's talk about Lithuania's social security system. Our latest video offers a comprehensive overview of the allowances that are provided by the Lithuanian social insurance fund or SODRA.



- Compulsory health insurance
- Sick leave
- Maternity leave
- Paternity leave
- Childcare leave
- Unemployment
- Occupational accidents
- Pension

Read on our blog

What would traveller Vytaras Radzevičius like to show foreigners in Vilnius?

We asked Vytaras, one of Lithuania's most famous travellers, producers and television show presenters, what he would recommend foreigners visit in Vilnius. After all, who could have better

Not to be missed



Job interview preparation workshop (EN)
13 June

A practical workshop focused on how to prepare for a job interview and land a job.



Career Fair for international talents
14 June
2022

Register today to schedule job interviews, meet the best companies in the market and start your career in Vilnius.



Vilnius - an Open Music Hall
16 June

Two days, four stages, 24 performers - that's 700 minutes of music daily to celebrate Vilnius' upcoming 750th anniversary.



Culture Night in Vilnius
17 June

A one-night festival filled with various artistic projects: music, dance, theatre, cinema, photography.

Meet „BeFriend Vilnius” Mentors and Mentees



It is with great pleasure that we introduce you to Jovita and Irina, two of the 300+ mentor/mentee pairs matched through our BeFriend Vilnius initiative.

A new friendship between their families has been building for more than a month since they first met each other during the first week of Irina's arrival to Lithuania.

Irina came from Kherson with her eight-year-old daughter and enjoys discovering new places in Vilnius. Jovita's son Bernardas is 11 and is the one who decides where the families will meet and what activities they will be doing. According to Irina, they never meet in the same place twice; they're always discovering new spots in Vilnius.

[READ MORE ABOUT SUCCESSFULL MATCHES](#)

Visit us



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Business hours:
Mon-Thurs 8:00-17:00; Fri 8:00-15:45

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Our services
Residence Permits | Taxpayer Obligations | Social Insurance | Health Insurance | Employment | Starting a Business | Municipal Services | Becoming a Local | Relocation and Life in Vilnius

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June 2022

Hello Привіт Bonjour Labas




Summer has arrived in Vilnius and there's plenty going on to make the season a memorable one. Whether it's the shortest night of the year or International House Vilnius' Career Fair - you will always have something to do in our beloved city.

Read on our blog

TOP 10 beautiful panoramas of Vilnius

Vilnius is full of spots that offer picture-perfect views of the city from above. Check out the most beautiful panoramas of Vilnius, which give you a chance to admire the Old Town while learning more about the Lithuanian capital.




[Read More](#)

Question of the month: What are the must-try activities in Vilnius?

Imagine heading to a lake for summertime swim or some wakeboarding after work? In Vilnius it's possible, because we measure distances in minutes, not hours. Watch this video and learn all about fun and affordable spots that cater to all tastes.


Moreover, in this video we cover other important topics, like opening a bank account, getting a SIM card, and rules around smoking and alcohol consumption in the city, because that's important too.



Meet our team

Meet Yana Khromiak a Project Manager at International House Vilnius


Yana is responsible for helping foreigners achieve smooth landings in Lithuania's capitals. Her experience has given her lots of insight into the pain points people moving to new countries face, so her main task is to help newcomers feel at home in Vilnius as soon as possible.



[Read more](#)

Sophie from France is our 10 000th customer - congratulations!
 Sophie came to Lithuania with big aspirations to set up her own business and was pleasantly surprised to find out she was our 10000th customer. Congratulations once again, and we wish you best of luck with your new business!

[Read more](#)



Not to be missed

Welcome to Vilnius workshop (EN)
 Every month

A practical workshop packed with useful information and tips.

Employability in Lithuania (RU)
 20 July

Hurry up, because there's only one day left to register for our online event with Kamila Rakveič.

Midsummer Vilnius 2022
 23 July

A unique city festival spotlighting various genres of performance arts and live concerts.

The Vilnius 700 Music Festival
 25 July

We are starting to prepare for the upcoming 700th Vilnius anniversary.

Visit us



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International House Vilnius July 2022

EN | RU

Hello Привет Bonjour Labas




Guess what? We've already hit the midway mark of July. Time really does fly when you're having fun, right? We wanted to pop into your inbox with another dose of useful information about driving in Lithuania and preparing for that big job interview - we've got you covered. Happy reading!

Read on our blog

All questions answered about driving in Lithuania

How to register a car in Lithuania? Which documents are needed to exchange a driver's licence? These answers together with additional comprehensive information could be found on our most recent interview with Regitra.

[Read More](#)



Question of the month: How to prepare for a successful job interview?

The only thing more important than landing that interview for a job you really want is preparing for that interview for a job you really want. From strategizing about how to tackle the toughest questions to packing your bag, we've got you covered with a list of our all-time best pre-interview tips. Use this guide to get ready—and good luck!




Meet our team

Meet Gabriele, the BeFriend Vilnius Manager at International House Vilnius and Kurk Lietuva!

"I would join a mentorship programme like BeFriend Vilnius myself, as I've definitely had to go through integration processes and am still in one now. I know how much easier it is with the help of locals." We invite you to read more and find out how "BeFriend" Vilnius could benefit you.

[Read more](#)



Our customer

Call for the LAND A JOB event:

find out more

Hurry, the clock is ticking!

00 00 00 00
 Days Hours Minutes Seconds

Sign up for the event

International House Vilnius
 Konstitucijos pr. 3, Vilnius
 Lithuania

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UPCOMING EVENT


Career fair for international talents

LAND a job in Vilnius 2.0

14 June 14:00 - 18:00

Radisson Blu Hotel Lietuva
Konstitucijos pr. 20

ih International House Vilnius



Join **International House Vilnius'** LAND a job in Vilnius 2.0 Career Fair for the opportunity to participate in job dating with potential employers who are eager to meet you and help you launch your international career in Vilnius with a well-known company.

Sign up for the event

Why you should attend

Exploring new opportunities

Are you excited for the latest job opportunities our beloved Vilnius has to offer?

Meeting with employers

Register today to schedule interviews and meet the best companies in the market on 14 June.

Networking with locals

You will also have a great chance to expand your network while mingling with other attendees.

3/2022

Важнейший выпуск "Стороны"


Дорогие подписчики и читатели! Мы рады сообщить о выходе нового выпуска журнала "Стороны".

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С НАШЕЙ КОМАНДОЙ




Сандра Кужневич, специалист по карьере

Всем известно, что карьера зависит от профессиональных навыков, но не только от них. Важно также иметь хорошие личные качества, которые помогут вам выделиться среди других кандидатов.

Подробнее

Следите за нашим блогом




Посетите выставку "Украина в Европе"

Литовский музей истории приглашает вас посетить выставку "Украина в Европе". Вы сможете увидеть уникальные экспонаты, которые расскажут о истории Украины и ее роли в Европе.

Подробнее

Март 2022
№1

Hello
Привет
Bonjour
Labas




Миграция из Украины

International House Vilnius всегда открыт на стороне Украины и готов помочь вам с любыми вопросами и проблемами в Литве и Украине.

Подробнее

А вы знали?




Посетите выставку в Национальном музее Литвы.

Вы сможете увидеть уникальные экспонаты, которые расскажут о истории Литвы и ее роли в Европе.

Подробнее


Вопрос месяца:
Как найти идеальное место для жизни в Вильнюсе?

Если вы ищете идеальное место для жизни в Вильнюсе, давайте вместе рассмотрим его варианты.




Виктор Антальюс Вайцурис

Не пропустите!



Курс "Вильнюс: 24 факта" - 3 урока

Вильнюсский международный университет приглашает вас посетить курс.



Запланируйте экскурсию по центру Вильнюса

Запланируйте экскурсию по центру Вильнюса.