

# Sola project

The project aims at developing a tool for monitoring social quality (Sola Calculator) and addresses the measurement of well-being, preconditions and reinforcement. The Sola Calculator will provide support in better understanding indicator from wellbeing reporting and offers an economic assessment of the social interventions' and phenomena's impact at regional or municipal level.

The tool will be openly available and connected to the digital wellbeing reporting system thus supporting knowledge management of wellbeing for municipalities and wellbeing counties.





# Sola Calculator is based on scientific research.

- Comparative indicators allow for impact assessment at an individual, close net and locality level.
- Assessments are offered for one, five and ten years.
- Sola Calulator outlines the wellbeing impacting factors, thus allowing for identification of the prerequisites for strengthening wellbeing and, on the other hand, the savings incurred from wellbeing reinforcement.

The SOLA calculation matrix will be open to everyone at the end of the project through Innokylä website.

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# SOLA Societal Social Quality, Wellbeing Reinforcefement and Costs

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Yhteiskunnan SOsiaalisen LAadun arviointi, hyvinvoinnin vahvistaminen ja kustannukset

"Systematic framework for social sustainability, developed with its users."

- Heli Hätönen, Ministry of Social Affairs and Health

"Sola Calculator supports us to understand the multidimensionality of wellbeing phenomena."

Marco Roth, The Wellbeing Services
 County of Pirkanmaa

"Excellent tool to visualise how wellbeing activities are being utilised and where the gaps are. Important tool for wellbeing services counties."

- Säde Rytkönen, The Wellbeing Services County of Northern Savo

SOLA -project is funded by Ministry of Social Affairs and Health (STM)

## Sola Calculator for wellbeing strategic management:

- · Forecast and saving potential addition to wellbeing knowledge, supports the creation and implementation of the wellbeing promotion strategy.
- Sola tool facilitates strategic and economic planning. The calculator provides a common knowledge base for setting goals and alignment of measures.
- · Decision-makers in municipalities and wellbeing services counties can also use the estimates in connection to the wellbeing report.
- The project helps develop knowledge management wellbeing of the municipality and the wellbeing services county.





Socioeconomic security

2. Health services sufficiency -

3. Social services sufficiency

5. Income support sufficiency

not getting sufficient physician services

4. Lack of satisfaction with living costs

1. Insufficient income

6. Income sufficiency



## Social empowerment

- 1. Education level
  - 2. Mentally significantly burdened
  - 3. Adequate information about the services
- 4. Use of abilities\*
- 5. Perceived family income
- \* Just national averages

## Social inclusion

7. Access to school psychologist could not access school psychologist

- 1. Employment
- 2. Loneliness experience\*
- 3. Position on the labour market
- 5. Marginalisation: school bullying
- 6. Hobbies: guided physical exercise once

## Cohesion

AAL, TMO, MV, SoLa2, 5.2023

- 1. Trust in other people\*
- 2. Trust in the public power
- 3. Volunteer work\*
- 4. Societal activity
- 5. Insufficient help receivers





Sola calculator is based on the social quality model, previously researched in the Finnish Academy project PRPOMEQ of UEF, and further developed by Central Finland Health Care District's EPTT project.

The research framework and the systemic approach support, amongst other things, new ways of multidisciplinary work impacting the societal structure.



Wellbeing Services County of Central Finland coordinated Sola project is conducted together with Sosped Center and University of Eastern Finland.

In this project, the joint partners are municipalities of Jyväskylä, Tampere, Kuopio, Petäjävesi, Wellbeing Services Counties of Central Finland, Pirkanmaa and Northern Savo, and The Center of Excellence on Social Welfare in Central Finland KOSKE.



**UEF**// Vaikuttavuuden talo

